

West Euston Time Bank May Half Term 2015

Family Activities Programme Report

at the H Pod and in Cumberland Market Open Space
Targeting families with children living on the Regents Park Estate, NW1.

TIMES

TUESDAY 26th MAY

Crafty Key Rings

& Beading Bracelets

11 am

Bead your own Key ring or bracelet for a one off piece

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1 pm

Splatter Painting

Get involved in messy fun to create a giant piece of Art

Crafts	No.
children	11
parents	4
Total	15

1 pm-2 pm

Community Café

Table Tennis

(Intergenerational Family fun)

2 pm-

IPad Project & Free Play

4 pm

Work on a creative filming project or just play

Gardening

Planting and pruning in our Allotment

Tennis	No.
children	10
parents	6
Total	16

Gardening	No.
children	9
parents	7
Total	16

Tuesday 26th May. Crafty Key Rings & Beading Bracelets: Personalised bracelets and key rings. Everyone had a chance to design and make their own personalised piece with colourful beads.

Splatter Painting: Colourful group effort to make a collaborative piece of art using lots of paint. Children worked together over the course of the morning using poster paints splattered onto a large sheet to create a banner. Being outdoors they had no worries of making a mess and enjoyed the carefree nature of being let loose.

Table Tennis: Integrational fun for young and old with parents and some of our regular players encouraged sporting fun.

IPad Project & Free Play: Stop animation and free play with apps. Children took a series of still images and pulled them together to make an animated clip and had an opportunity to try out some educational games

Gardening: Planting seedlings out in the allotment. Children in after school club had started off the plants all from seed. We planted sunflowers, tomatoes, carrots, radishes and peas out into the allotment. We even had a plant with a mini harvest of peas which the children were amazed to see in a pot.

Under 5's

Story Telling and Prop Making

Make your own props and join in role playing during story telling

Under 5s	No.
Toddlers	16
parents	7
Total	23

11 am-1 pm

Recycled Weaving

Garden Decorations

Come and see what you can make out of some rubbish!

Recycling	No.
children	11
parents	7
Total	18

Outdoor Multi-Sports

1 pm-2 pm

Community Café

Bollywood Dance Workshop with Showmi Das

(this session starts at 1.30 pm)

Come along and learn to find your dancing feet!

Dance	No.
children	9
parents	6
Total	15

2 pm-4 pm

Family outdoor Tennis

Intergenerational

Family fun

Thursday 28th May Story Telling & Prop Making: Making creative creepy crawlies props followed by sharing the story of Incy Wincy Spider. Children had the opportunity to take part in the story through role play and the session with a sing along

Under 5's Play Area: Soft play and toys for toddlers provided a stimulating play environment in a protected area

Recycled Weaving & Garden Decorations: Weaving panels on a loom made out of cardboard and yarn made of plastic bags and making planters out of tin cans. Using what we consider as rubbish to make something useful encouraged children to think about being creative with recycling.

Outdoor Multi Sports & Tennis: Tennis, football and basketball encouraged children to take part in physical activity. Tennis was introduced as new sport to many families and learning to

Tennis	No.
children	10
parents	3
Total	13

Cooking Heathy Snacks

Make a scrumptious snack
that are good for you!

Healthy Snacks	No.
children	10
parents	5
Total	15

Wild life Habitat Walk

11 am-1 pm

A walk in Regents park to see
what wildlife you can spot !

1 pm-2 pm

Community Cafe

Music Making Workshop

with Stevie Wonder

Explore rhythm and sound
to have some noisy melodic fun

Music-Making	No.
children	18
parents	9
Total	27

2 pm-4 pm

Ipad Project & Free Play

Work on a creative
filming project or just play

Ipads	No.
children	16
parents	8
Total	24

Friday 29th May Cooking Healthy Snacks: Making flapjacks as a tasty and healthy sweet treat. Children had to follow instructions and measure accurately by following a recipe. Some of the children hadn't done any sort of cooking before and really enjoyed seeing what went into their flapjacks and learning how to make them.

Music Making Workshop: Exploring rhythm and sound together through instruments and singing alongside performances from Steve. We had bongo drums, maracas, Spanish clackers, tambourines, recorders and other instruments that children had chance to play to make music together. By the end of the session they were all playing in sync with each other, adjusting their rhythm to what was being played.

I Pad Free Play: Free play with apps. Children had an opportunity to try out some educational games and explore various apps on the I Pad

FEEDBACK RECEIVED

Did you learn anything new?

- I learnt how to make a spider (Lara, 4)
- How to plant things (Hope, 9)
- I learnt weaving ...I liked it (Tahiya, 8)
- Playing tennis was new for me (Maryam,11)
- They showed me how to hit the ball for tennis (Mubarak, 8)
- I learnt how to make flapjacks (Lelo, 7)
- Music. I learnt how to play things

What did you enjoy?

- Dancing was good (Lara,4)
- Making a spider was my favourite part (Lara, 4)
- Gardening. I liked it.....I really liked planting (Hope, 9)
- Gardening. It was good (Anna, 6)
- Bollywood Dancing. It's the best thing in the world! Because you have lots of fun (Maryam, 11)
- Table Tennis. It was fun(Mubarak, 7)
- My favourite bit was rolling our arms around in the dance (Tahiya, 8)
- The cooking was good (Mubarak, 7)
- I enjoyed experimenting with all the different instruments (Hope, 9)
- The best part was when I heard people sing
- I liked watching the music
- I really liked playing the recorders (Maya,4)
- I enjoyed making music and getting up and singing

Staff feed back

- Operationally generally went smoothly and children seemed to enjoy all the activities on offer and we had overall good feedback with most activities being ranked as good or very good
- It was a little quiet compared to other recent holidays which may be down to families wanting to be out during the spell of good weather.
- We had to remind some carers about the concept of it being a family activities programme and that they should be participating with their children and that staff are here to facilitate activities.

