

# Multi Sports

## **Multi Sports at Cumberland Market**

### With qualified coaches

Tuesdays 25th July, 1st, 8th, 15th, 22nd & 29th August Thursdays 27th July, 3rd, 10th, 17th, 24th & 31st August

11.30am - 1.30pm & 2.00pm - 4.00pm

**FOOTBALL - BASKETBALL - TENNIS and more!** 



#### **REGISTRATION**

Turn up on the day and fill out a membership form which allows you to attend activities

#### **BOOKINGS FOR TRIPS**

Bookings for trips will take place during activities the week before. There will be nominal charge and a returnable deposit for some trips

#### **VENUES**

Crypt Centre- Munster Square, NW1 3PL

Diorama Arts Studio - 201 Drummond Street, NW1 3FE

Outdoor Arena @ Regents Place - Longford Street/Triton Square NW1

Muga Pitch - Cumberland Market Open Space NW1 3RH

**West Euston Time Bank** 

Email: info@westeustontimebank.org.uk Website: www.westeustontimebank.org.uk

Phone: 020 7383 4382





Registered charity no. 1112545



# West Euston Time Bank

Free activities for local families with children under 12 across the Regents Park Ward

Monday 24th July - Thursday 31st August



## **Multi sports**

**Tuesdays & Thursdays** 

11.30am - 1.30pm & 2.30pm - 4.00pm

@ Cumberland Market Muga Pitch

## Family Boccia & Games

Competitive fun and games

@Diorama Arts Studio

### **Arts & Crafts**

**Puppet Making** 

**Costume Making** 

Junk Modelling

#### **Shows**

Family Film - Boss Baby

Children's Show - Entertainer

@ Crypt Centre

#### Circus Skills

Bring out the performer on in you!

## **Gardening**

**Decorating Pots Potting & Planting** 

**Bird Feeders** 

@ Outdoor Arena

## **Trips**

**Natural History Museum** 

**Brighton** 

**Kew Gardens** 

City Farm

**Broadstairs** 

South Bank Beach

**Sobell Centre** 

## **Summer 2017 Family Activities Programme**

|   | Cammer 2017 Family Activities Frogramme |   |   |  |  |  |  |
|---|---|---|---|--|--|--|--|
| 1   | TIMES                                   | Monday 24th July                              | Tuesday 25th July                                   | Wednesday 26th July                              |  |  |  |
| W<br>E<br>K<br>O<br>N<br>E                | 11am-<br>1pm                            | Arts & Crafts  Puppet Making  IPad Free Play  | Gardening Club  Decorating Pots                     | Natural History Museum                           |  |  |  |
|   | Venue                                   | Crypt Centre                                  | Outdoor Arena                                       | Discover how amazing nature can be!              |  |  |  |
|   | 2pm-<br>4pm                             | Family Boccia<br>& Games                      | Traditional Games  Get active and have fun          |  |  |  |  |
|   | Venue                                   | Diorama Arts Studio                           | Outdoor Arena                                       | Leaving Crypt Centre 10.00am                     |  |  |  |
| 2   | TIMES                                   | Monday 31st July                              | Tuesday 1st August                                  | Wednesday 2nd August                             |  |  |  |
| W<br>E<br>E<br>K                          | 11am-<br>1pm                            | Arts & Crafts  Costume Making  IPad Free Play | Messy Play Make a mess and have some fun  PLAY TIME | Kew Gardens  check out the insect adventure camp |  |  |  |
|   | Venue                                   | Crypt Centre                                  | Outdoor Arena                                       |  |  |  |  |
| o<br>O                                    | 2pm-<br>4pm                             | Family Boccia & Games                         | Circus Skills try out your skills and perform       |  |  |  |  |
|   | Venue                                   | Diorama Arts Studio                           | Outdoor Arena                                       | Leaving Crypt Centre 10.00am                     |  |  |  |
| 3   | TIMES                                   | Monday 7th August                             | Tuesday 8th August                                  | Wednesday 9th August                             |  |  |  |
| W<br>E<br>E<br>K<br>T<br>H<br>R<br>E<br>E | 11am-<br>1pm                            | Children's Show Family Film Boss Baby         | Gardening Club  Potting & Planting                  | Brighton  £2 per person priority to members      |  |  |  |
|   | Venue                                   | Crypt Centre                                  | Outdoor Arena                                       | members  |  |  |  |
|   | 2pm-<br>4pm                             | Family Boccia Music & Movement 3-4pm          | Circus Skills try out your skills and perform       |  |  |  |  |
|   | Venue                                   | Diorama Arts Studio                           | Outdoor Arena                                       | Leaving Crypt Centre 9.00am                      |  |  |  |

## **Summer 2017 Family Activities Programme**

| 4                | TIMES                | Monday 14th August                                  | Tuesday 15th August   | Wednesday 16th August  |
|------------------|----------------------|---|---|--|
| W E E K F O U R  | 11am-<br>1pm         | Arts & Crafts  Junk Modelling  IPad Free Play       | Messy Play Make a mess and have some fun                      | Kentish town City Farm   |
|                  | Venue<br>2pm-<br>4pm | Crypt Centre  Family Boccia  Music & Movement 3-4pm | Outdoor Arena  Circus Skills  try out your skills and perform | Hands on tour with friendly farm animals                           |
|                  | Venue<br>TIMES       | Diorama Arts Studio  Monday 21st August             | Outdoor Arena  Tuesday 22nd August                            | Leaving Crypt Centre 10.00am  Wednesday 23rd August                |
| W                | 11am-<br>1pm         | Children's Show Fantasic Fun with Patches           | Gardening Club - Bird<br>Feeders                              | Broadstairs £2 per person priority to members                      |
| K                | Venue                | Crypt Centre  | Outdoor Arena   |  |
| F<br>I<br>V<br>E | 2pm-<br>4pm          | Family Boccia  Music & Movement 3-4pm               | Circus Skills try out your skills and perform                 | Sobell Trampolines, Ice skating and lots more sporting activities  |
|                  | Venue                | Diorama Arts Studio                                 | Outdoor Arena   | Leaving Crypt Centre 9.00am  |
| 6                | TIMES                | Monday 28th August                                  | Tuesday 29th August   | Wednesday 30th August  |
| W                | 11am-<br>1pm         | Bank Holiday  | South Bank Beach  Urban beach in the heart of the city        | Sobell  Trampolines, Ice skating and lots more sporting activities |
| K                | Venue                | Multi Sports at Cumberland Market                   | medicor the dry   |  |
| S<br>I<br>X      | pm-<br>4pm           | Tuesdays<br>&<br>Thursdays                          |   |  |
|                  | Venue                |   | Leaving Crypt Centre 10.00am                                  | Leaving Crypt Centre 10.00am                                       |